

# CANADA INDIA FOUNDATION



## CIF E-Newsletter



Volume 16

Issue #08

August 2022

### Chair's Message



### Upcoming CIF Award Gala in the Spirit of Azadi Ka Amrit Mahotsav

Hello friends. I have only one thing in my mind these days – our upcoming Global Indian Award gala set for September 30, 2022. An entire team of dedicated CIF members and enthusiastic volunteers are working tirelessly round the clock to make the event a singular success. We started counting down a few days ago, and as of today, there are less than forty-five days left to the big event.

Yes, there is no question this is a really big deal for a number of reasons. First of all, this will be a rebirth of sort for the prestigious award itself after a couple of years of being in the limbo thanks to the pandemic.

In the past, CIF has been fortunate to honour internationally renowned Indian achievers who have made a visible and long-lasting impact in their chosen fields. We have had people like Ratan Tata and Narayan

Murthy, Deepak Chopra and Subhash Chandra and even Canada's former Prime Minister, Stephen Harper, among the recipients of the CIF Global Indian Award, elevating the gala into a most prestigious event in the Canadian social calendar. This year, it will be even bigger.

This year, as all of us know, it is also a very special time in the life of an organization like CIF that is so deeply immersed in the Canada India bilateral space to be in tune with the historic occasion being celebrated with gusto back home in India – 75 years of India's Independence, or Azadi ka Amrit Mahotsav. We join the 1.3 billion plus people of India on this joyous occasion and hope that the next twenty-five years will be a defining period for India and the world. ([Read more](#))



CANADA INDIA  
FOUNDATION  
*Democracies Working Together*

**GLOBAL INDIAN  
AWARD GALA**

**30<sup>th</sup> SEP, 2022**  
Paramount EventSpace  
222 Rowntree Dairy Rd, Woodbridge  
5:00 pm onwards

**AWARD WINNER**



**ANIL AGARWAL**  
Founder & Chairman  
Vedanta Group

**Gala Theme:**  
Canada-India Partnership  
Engage-Evolve-Elevate

[www.CanadaIndiaFoundation.com](http://www.CanadaIndiaFoundation.com)



**[CLICK FOR SPONSORSHIP PACKAGE](#)**



## **CIF Global Indian Award Winner Anil Agarwal: Putting Capital to Work for the People**



**Anil Agarwal**, this year's winner of CIF Global Indian Award, is the Founding Chairman of Vedanta Resources, one of the largest and diversified natural resources groups globally. He founded the Vedanta Group in 1976 and since then, under his stewardship, Vedanta has grown from an Indian domestic mining company into a global natural resources corporation.

Over the years, Vedanta Group has grown organically and through value-generating mergers and acquisitions, creating a world-class portfolio of large, diversified assets in oil and gas, zinc, silver, aluminum, copper, iron ore, steel and power. Vedanta's total investments exceeds \$35 billion in India. This was made possible by Vedanta's brilliant decision to headquarter in London, England, to facilitate easier access to capital.

Anil Agarwal-led Vedanta has been creating large-scale employment for the youth. The company currently offers direct and indirect employment to over one hundred thousand people and encourages diversity and inclusion.

As the chairperson of Vedanta, Anil Agarwal has led the group from the front and empowered a strong team of professionals to lead each business unit.

Over the past 10 years, the company has contributed Rs 2.74 (\$45 billion) lakh crore to the national exchequer. It contributes to 25% of country's Crude Oil production and is India's market leader for Zinc (78%), Silver (95%), Aluminum (40%) and Copper (35%), Iron Ore, along with large Power portfolio of 9000 MW including the Renewable Power for Captive and Commercial purpose. Vedanta accounts for around 1 per cent of India's GDP. Today Vedanta's imprint can be seen in like Africa, Australia and parts of Asia. [\(Read more\)](#)

## **Past Events**

### **CIF Charity Golf Scores a 'Double'**



On a picture-perfect day at the beautiful Woodington Lake Golf Club, Tottenham, ON, 288 avid golfers teed off at the 7<sup>th</sup> CIF charity golf tournament on August 11, 2022. Every year, the charity outing has been gaining more fairway yards, becoming one of the biggest golf events in the country.

Bowing to the growing demand, the CIF organizing committee, decided to make it a double, with 288 golfers playing simultaneously at two full courses. Anil Shah, an avid golfer himself and the primal force that has been driving the event, expressed his gratitude to the hundreds of patrons: “We are overwhelmed by the participation levels this year. This gives us a further strength to continue on the course we have set for ourselves.”

The tournament raised over a hundred thousand dollars, each dollar committed to help the families of fallen heroes in Canada and India. A portion of the funds raised will also support the aspirations of students from these families to pursue higher education in Canada. ([Read more](#))

**[CLICK HERE FOR GOLF PHOTOS](#)**

---

**Ayurveda Speaker Series**  
**Benefits of Guggul, Brahmi Ghrita,**  
**Dashmoolarishta and Ashokarishta**





Virtual Lecture Series on Ayurveda continued through summer with many more experts contributing papers on the various traditional medicines and their effectiveness. The series features some of the most accomplished practitioners and policymakers coming on board to support the initiative aimed at bringing the benefits of this ancient medicine system to the people of Canada and elsewhere in the world.

The Speaker Series, being hosted by renowned Ayurveda practitioner, Vaidya Harish Verma, is jointly presented by Canada College of Ayurveda & Yoga, Canada India Foundation, Consulate General of India in Toronto, Tathaastu. It is also supported by International Ayurveda League, Canadian Ayurvedic Practitioners Association, European Ayurveda Association and Association Ayurveda Academy CIC.

The Series will feature dozens of speakers in the coming months under the common theme of 'Pharmacological & Therapeutic Effects of Top 75 Traditional Ayurvedic Medicines (TAM)'. [\(Read more\)](#)

## HEADLINES

### Prime Minister Justin Trudeau Commits to Increased Partnership with India



Various levels of Canadian leadership marked the special occasion of India's 75<sup>th</sup> Independence Anniversary by issuing greetings, committing to growing the Canada India bilateral even further. Prime Minister, Justin Trudeau said on the occasion: "Today, our two countries work closely together in a range of priority areas, including science and technology, finance, and education. We will continue to strengthen our partnership for the benefit of people in Canada and India." [\(Read more.\)](#)

---

## Take Pride in Our Heritage, Urges PM Modi



Addressing the nation on its 75<sup>th</sup> Independence Day, India's Prime Minister Narendra Modi asked the citizens to be proud of their heritage while moving towards a great future. Touching on the many challenges, he said nari shakti, (empowering women) is an important pillar in India's growth story [\(Read more.\)](#)

---

## Azadi Ka Amrit Mahotsav in Canada: Thousands



## attend India Day Festival in Toronto



After two years of enforced virtual celebrations due to COVID-19 restrictions, tens of thousands of people of Indian-origin thronged to the showpiece India Day Festival and Grand Parade in Toronto on Sunday, which also observed Azadi Ka Amrit Mahotsav. [\(Read more\)](#)

## Report urges Canada to follow Australia and sign trade pact with India



*The joint report claims India is indispensable for Canada's strategy in the Indo-Pacific region*



Canada should capture the trade opportunity that India's fast-growing economy provides, and become one of the biggest commercial partners of India in the next few years, a new report on Canada-India trade has said. The joint report brought out by the Business Council of Canada and the Canada India Business Council argues India is indispensable for Canada's strategy in the Indo-Pacific region. [\(Read more\)](#)

---

## **Tim Hortons Launches in India**

With two outlets in Gurgaon, near New Delhi, Tim Hortons made a double entry into the huge Indian market, hoping to change fast food culture. In an attempt to tickle the Indian palate, they have added to the menu local flavours like Chicken Tikka Croissant Sandwich! [\(Read more.\)](#)



---

## **India's First Indigenously built Aircraft Carrier Joins Service**



After several years in the making and extensive trials for seaworthiness, India's first ever indigenously built aircraft carrier joined service in July 2022. Named INS Vikrant after India's first aircraft carrier, now decommissioned, it is expected to add muscle to India's ambition to build a blue water navy. [\(Read more.\)](#)

---



## South Asian Origin Judges Appointed on Ontario Superior Court

Canada's Minister of Justice and Attorney General, David Lametti, recently announced the appointment of two judges to Ontario's Superior Court, both to serve the court in Brampton.

Lametti remarked that "this process emphasizes transparency, merit, and the diversity of the Canadian population. [\(Read more\)](#)



---

## Overseas Indians Can Now Send 10 Lakh Rupees to a Family Member



The government of India has further amended the Foreign Contributions Regulation Act (FCRA) that would allow relatives of Indian residents living abroad to send up to ten lakh rupees to a family member in one year without the need to inform local

authorities. The earlier limit was Rs. 1 lakh. [\(Read more.\)](#)

---

## Electric Vehicles Will Dominate Future of India's Automobile Market

India has set a searing pace in its targets to achieve net zero emissions. One of the major elements will be the introduction of electric vehicles that will constitute 75% of the total market by year 2050. [\(Read more.\)](#)



---

## HCL Heiress Roshni Nadar Malhotra is India's Richest Woman



In a clear sign of the increasingly important role played by India's women entrepreneurs, HCL Heiress, Roshni Nadar Malhotra, occupies the top position with assets worth over Rs 84,000 crores (over US\$10 billion). The wealth of the 100 richest women in India has

grown with the cut-off rising from a minimum of 100 crores in 2020 to 300 crores in 2022. [\(Read More\)](#)

---

## CIF Member in News

### Why They Call Dr. Lalita Malhotra the Pillar of Prince Albert

Because that is where she and her husband lived and built a reputation and raised their family. Their contributions to strengthening women's health, especially among Indigenous women, in Saskatchewan is being lauded as Dr. Malhotra, 82, who recently announced her retirement. [\(Read more\)](#)



## Spotlight

---



# INTERNATIONAL GITA MAHOTSAV CANADA

16-18 SEPT.  
2022



Government of  
Haryana



An Autonomous Organisation  
under the Government of Haryana, India



G.I.E.O. Gita  
Canada



वासंसि जीर्णानि यथा विहाय नवानि गृह्णाति नरोऽपराणि । तथा शरीराणि विहाय जीर्णान्यन्यानि संयाति नवानि देही ॥

भगवद्गीता 2/22

- Just as a person puts on new garments after discarding the old ones, similarly embodied soul (or Jiva) acquires new body after casting away the old body.



Join Here



@igmkkrr



InternationalGitaMahotsav

[www.internationalgitamahotsav.in](http://www.internationalgitamahotsav.in)

Organized by



POWERING PROGRESS THROUGH PLASTICS  
www.alpma.net

Supported by



DEPARTMENT OF COMMERCE  
MINISTRY OF COMMERCE AND INDUSTRY  
GOVERNMENT OF INDIA

## INTERNATIONAL VIRTUAL B2B EVENT ON PLASTICS FINISHED GOODS AND PACKAGING INDUSTRY

THURSDAY- FRIDAY

15<sup>th</sup> - 16<sup>th</sup> Sept., 2022

10 am to 6 pm

Register Now!

SAVE  
THE  
DATE

### KEY HIGHLIGHTS

- ❖ International buyers from major importing countries
- ❖ Exports opportunities to USA, Canada, Mexico, UK, Italy, Africa (Tanzania, Kenya, Ghana, South Africa), Sri Lanka, Myanmar, Bangladesh etc.
- ❖ Boost India's exports to major importing countries of plastics finished goods & packaging products



FOR MORE INFORMATION CONTACT



www.amtec.edu.org



PLASTIVISION  
INDIA | 2023 | MUMBAI  
DEC 07 08 09 10 11  
www.plastivision.org

SCAN ME



Chetna : M: +91 9137855155 E: chetna@alpma.net  
Naresh : M: +91 98916 89952 E: naresh@alpma.net  
Ibrahim : M: +91 87603 53090 E: ibrahim@alpma.net  
Richa : M: +91 73480 72874 E: richa@alpma.net  
Holmee : M: +91 96745 46964 E: holmee@alpma.net

## Upcoming Events

### Ayurveda Speaker Series

#### Pharmacological & Therapeutic effects of SAMSHAMANI VATI

Samshamani Vati is also known as Guduchi Ghana vati, which is prepared from aqueous extract of stem of Guduchi (*Tinospora cordifolia*). The fresh and mature stem of Guduchi (*Tinospora cordifolia*) is collected as per Aushadha Sangrahana Kala (time of collection of drugs) and crushed. The decoction (Kwatha) of the crushed stem is prepared by adding 4 times water, boiling & reducing to one fourth the quantity.

To know more please [REGISTER HERE](#)



Canadian College of Ayurveda and Yoga

CANADA INDIA FOUNDATION

Tathastu

Virtual Lecture Series

Pharmacological & Therapeutic Effects of Top 75 Traditional Ayurvedic Medicines (TAM)

Session 10

Pharmacological & Therapeutic effects of Samshamani Vati

Expert Speaker

Dr. Tejraj K. Maun  
BAMS, MD (Ay)  
Ayurveda Consultant,  
Dr. Rander Panchakarma  
Haleogad Ayurvedic Medical  
College, Mumbai, India

Expert Speaker

Dr. Shreyas S.  
BAMS, MD (Ay)  
Associate Professor  
Pallavi Gandhi Education Society's  
Ayurvedic Medical College  
Rana, Karnataka, India

Special Guest

Mr. Suresh Thakkar  
FCPA, FCGA  
Chairman  
Canada India Foundation  
Toronto, Canada.

Special Guest

Prof. Dr. Ish Sharma  
BAMS, MD, Ph.D (Ay)  
Academic Chair  
Ayurveda Medicine at  
University of Mauritius  
Mauritius

Panelist

Dr. Ashika Raut  
B.A.M.S., M.D. (Ay)  
President, Ayurveda Union  
of Midwest, Chicago, USA

Moderator

Dr. Madan Thangavelu  
European Ayurveda  
Association  
Cambridge, UK

Panelist

Dr. Pallavi Sodhi Patankar  
International Ayurveda  
League  
Mumbai, India

Convenor & Host

Vaidya Harish Verma  
B.A.M.S., Gold Medalist  
President, Canadian  
College of Ayurveda & Yoga  
Toronto, Canada

Samshamani Vati is also known as Guduchi Ghana vati, which is prepared from aqueous extract of stem of Guduchi (Tinospora cordifolia). The fresh and mature stem of Guduchi (Tinospora cordifolia) is collected as per Aushadha Sangrahana Kala (Time of collection of drugs) and crushed. The decoction (kashai) of the crushed stem is prepared by adding 4 times water, boiling & reducing to one fourth the quantity. Then the kashai is filtered, which is further boiled on mild fire and reduced to a thick consistency called Ghana. Traditional Ayurvedic Practitioners use this formulation to treat various disorders including Madhumeha (Diabetes), Jvara Jvara (Chronic Fever), Pandu (Anemia), Kamala (Jaundice), Anshapitta (Gastritis), Grahani (IBS), Kustha (Skin Disorders) and Yakritavikara (Liver Disorders) etc.

In year 2020 World Health Organization declared COVID-19 as a global pandemic. Till now, a diverse array of drugs failed to combat. There is an immense need of novel lead molecules on an urgent basis. In one scientific study, at least four natural compounds from Tinospora cordifolia showed high binding efficacy against SARS-CoV-2. Scientific researches on Samshamani Vati may provide a new approach as well as insight for prevention, management and development of new therapeutic entity to treat COVID-19.

To know more, register here:

Program	Live on - Facebook
Sunday, August 28, 2022	Zoom - Register Here
Time: 10:00 am to 11:30 am (EST, Canada & USA)	
07:30 pm to 09:00 pm (IST, India)	

CANADA INDIA FOUNDATION

Democracies Working Together

GLOBAL INDIAN AWARD GALA

30<sup>th</sup> SEP, 2022

Paramount EventSpace  
222 Rowntree Dairy Rd, Woodbridge  
5:00 pm onwards

AWARD WINNER

ANIL AGARWAL  
Founder & Chairman  
Vedanta Group

Gala Theme:  
Canada-India Partnership  
Engage-Evolve-Elevate

www.CanadaIndiaFoundation.com



---

We sincerely appreciate any comments, feedback and suggestions from our readers and supporters. Please write to us at [info@canadaindiafoundation.com](mailto:info@canadaindiafoundation.com)

---

### **Contact Us**

**Satish Thakkar,**  
FCPA, FCGA  
Chair  
[satish@efgcanada.ca](mailto:satish@efgcanada.ca)

**Ritesh Malik**  
National Convener  
[ritesh@riteshmalik.com](mailto:ritesh@riteshmalik.com)

**Sunita Vyas**  
National Co-convener  
[sunita@aolmississauga.com](mailto:sunita@aolmississauga.com)



---

### **Canada India Foundation**

2939 Portland Drive, Suite #300  
Oakville ON L6H 5S4, Ph: 289-291-0277  
E-mail: [info@canadaindiafoundation.com](mailto:info@canadaindiafoundation.com)  
[www.canadaindiafoundation.com](http://www.canadaindiafoundation.com)

*Disclaimer: This monthly e-newsletter is produced by the Canada India Foundation (CIF), a registered not-for-profit organisation with an aim to provide meaningful communication between its own board of governors and with a larger audience of policy makers and industry leaders. Views expressed by writers are their own and the CIF does not necessarily agree with them. We do not claim to provide any advice on any subject. Similarly, we are not liable for any misrepresentation or misleading claims made by an advertiser. Content provided in this newsletter is for general information purposes only.*