

CANADA INDIA FOUNDATION



CIF E-Newsletter



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August 2021

Chair's Message



Appeal to Support CIF Charity Raffle for Children of Fallen Heroes

Hello friends. Once again, we are connecting when things are looking good, on the overall Covid-19 situation as well as the summer temperatures! Let's hope both remain in the tolerable range in the near future.

This month, I want to say, right off the bat, that we need your support for a cause that we are very excited about. CIF has launched an exclusive fund to aid the children of fallen soldiers in India and Canada who may want to pursue higher education in Canada but is unable to do so because of their financial situation.

The 6th annual charity golf tournament organized by Canada India Foundation in support of families of Fallen Heroes in Canada and India are set for tee-off on August 25, 2021, at the Royal Ontario Golf Club,

Hornby, ON. The tournament will observe all the Covid-19 protocols in force at the time.

As usual, the support for this noble cause has been excellent with foursomes already **fully sold out!** The CIF charity golf has raised hundreds of thousands of dollars in the past for designated causes, thanks to the active participation by the CIF members, well-wishers, and supporters.

We seek your support and full participation this year as well to help support the new initiative. We would like to request you to please be part of this noble cause and book your raffle tickets in advance. ([Read more](#))

CANADA INDIA
FOUNDATION

Democracies Working Together



6th Annual Charity Golf Tournament

2021 August 25 @ Royal Ontario Golf Club, Hornby

Win Great Prizes and Help Make A Difference!



RAFFLE PRIZES

Grand Prize:

Ford Mustang* (Coupe)

Value \$40,000



Second Prize:

2 Air Canada return tickets
from Canada to India* (Economy)

Value \$4,000



Third Prize:

50" Colour Samsung LED Smart TV*

Value \$1000



ONLY
2000 RAFFLE TICKETS
AVAILABLE

18 Tickets for \$1000 8 Tickets for \$500
3 Tickets for \$250 1 Ticket for \$100

Raffle Ticket prices for players & others who wish to support CIF initiatives are as below:

The Winner does not have to be at the golf course & the winning ticket numbers will be published on CIF Website and the winner will be notified.

All tickets purchased from now till the end of the ticket sales will be handed out or sent by mail to CIF office.

For Tickets: Please call 289-291-0277

or email PAWAN@CANADAINDIAFOUNDATION.COM or SUDHA@CANADAINDIAFOUNDATION.COM

Satish Thakkar
Chair, CIF

Ritesh Malik
National Convenor, CIF

Anil Shah
Chair, CIF Golf Committee

www.canadaindiafoundation.com

* Taxes and insurance to be paid by the winner

Ayurveda Speaker Series Session - 22

Ayurvedic Management of Polycystic Ovarian Syndrome



The 22nd session in the popular CIF Ayurveda Speaker Series was held on August 8th, 2021 with the topic as Ayurvedic Management of Polycystic Ovarian Syndrome presented by Dr. Neeta Mahesekar MD, Ph. D and Professor at Dr. D.Y. Patil Ayurved College, Pune, India.

Introducing the panel that included Vaidya Harish Verma, President, Canadian Ayurvedic Practitioners Association, Satish Thakkar, Chair, CIF, pointed out that nearly two million Canadian women suffer from polycystic ovarian syndrome, and it is time to explore Ayurvedic remedies to control and manage a disease that affects an increasing number of women across the world. ([Read more](#))

[Click here to watch the session](#)

Ayurveda Speaker Series Session - 21

Ayurvedic Management of Dementia



The 21st session in the ongoing CIF Ayurveda Speaker Series, held on

July 26, featured Vaidya Milind Patil MD (Ayurveda) and Medical Advisor to Sandu Pharmaceuticals Ltd, Mumbai, who spoke on the alternative treatment options available to manage dementia. Also featured on the platform was Special Guest, Deepak Anand, MPP and Parliamentary Assistant to Minister of Labour and Skills Training, Government of Ontario.

Satish Thakkar, Chair, CIF, opened the session by pointing out the dire need for effective and cost-efficient ways to deal with a healthcare issue that is threatening the seniors across the world. “According to WHO, there are about fifty million people living with dementia today, and 60% of them live in low to middle income countries. In Canada, nearly half a million people suffer from dementia, and this is projected to go up to 9,00,000 by 2030. So, today’s topic is especially of relevance to our healthcare system,” he said. [\(Read more\)](#)

[Click here to watch the session](#)

HEADLINES

Canada’s Puzzling Travel Ban on India



In a move that has surprised many in the travel and healthcare fields, Canada extended the travel ban on India till September 21 as we continue to be open for passengers arriving from countries like the US and Pakistan that reports much worse infection numbers. [\(Read more.\)](#)

India-UK tie-up to explore Indian herb Ashwagandha for Long COVID relief



The London School of Hygiene & Tropical Medicine (LSHTM) is teaming up with All India Institute of Ayurveda (AIIA), an autonomous body under the Ministry of AYUSH in India, on a trial to find out whether the Ashwagandha herb can help people recover from Long Covid. Commonly known as “Indian winter cherry”, the Ashwagandha herb is traditionally used in the Indian Ayurvedic system of medicine to boost energy, reduce stress and strengthen the immune system. Recent trials have demonstrated its efficacy in reducing anxiety, stress, improving muscle strength and reducing fatigue symptoms in patients with chronic conditions ([Read more](#))

Reliance's Big Push towards Green Energy



India's largest private sector corporation, RIL, recently made a \$144 million investment in US-based leading battery technology company, Ambri. Reliance and Ambri are also in discussions for an exclusive collaboration to set up a large-scale battery manufacturing facility in India, which could add scale and further bring down costs for Reliance's green energy initiative. ([Read more.](#))

Australia to Return Stolen Antiques to India

In a gesture of goodwill, India's Quad partner, Australia announced its decision to return 14 rare antique items worth millions of dollars, stolen and smuggled out of India. The National Gallery of Australia also confirmed that with this repatriation, it no longer holds any stolen items in its inventory. ([Read more.](#))



UN Climate Panel Predicts Dire Consequences



The latest report from UN Intergovernmental Panel on Climate Change (IPCC) paints a stark picture of the future of humanity that it says is left with a narrow window of twenty years to save itself from a global cataclysm. ([Read](#)

[more.](#))

India Builds World's Highest Motorable Road in Ladakh

In a first of its kind, India's Border Road Organization, has completed a 52 kilometre stretch of road that traverses through some of the highest and most inhospitable terrain on earth. ([Read more.](#))



Dholavira Designated as World Heritage Site



Dholavira, situated in the Indian state of Gujarat, was once a thriving town belonging to the original Harappan civilization. The ancient city was accorded the World Heritage Site tag by UNESCO recently. ([Read more.](#))

Modi to Become First Indian PM to Preside Over UNSC

Indian Prime Minister, Narendra Modi, will become the first from that country, to ever chair a meeting of the US Security Council. India assumed the Presidency of the Security Council in July as part of a two-year rotating system. ([Read more.](#))



CIF Member in News

Hema Bhat

CIF Executive Board member Ms.

Hema Bhat, Secretary CIF met
Indian High Commissioner H.E.
Ajay Bisaria in Vancouver.



Upcoming Events

Ayurveda Speaker Series Session 23

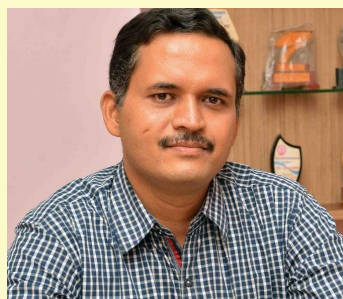
Ayurvedic Management of Breast Cancer

Expert Speaker

Dr. Ranjit Nimbalkar

Sunday August 22nd, 2021

Time: 10:00am to 11:00am EDT



[Register here](#)

Breast cancer is the highest fatal "external" cancer. It is not that difficult to palpate, identify and diagnose this cancer, both by patient and by doctor, and early diagnosis should lead to prolongation of death. But in spite of this fact, it is taking toll of many lives. So something concrete needs to be done towards this burning issue.

Breast cancers are of many subtypes, having altogether different responses to treatments. For some women, breast cancer may come back after treatment – sometimes years later. This is called a recurrence. Recurrence can be local (in the same breast or in the surgery scar), regional (in nearby lymph nodes), or in a distant area.

Ayurved has a lot to offer in treatment and prevention of breast cancer. This lecture will try to throw some light on both therapeutic and preventive aspects of treatment of breast cancer.

CIF Annual Charity Golf Tournament Set for August 25th, 2021

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force at the time.

As usual, the support for this noble cause has been excellent with foursomes already fully sold out! The CIF charity golf has raised hundreds of thousands of dollars for the designated causes thanks to the active participation by the membership and supporters elsewhere. The man who has helmed this initiative for the past six years, and an avid golfer himself, **Anil Shah**, Chair CIF Golf Committee, thanked all who have joined the tournament and informed that there are still a few sponsorship opportunities available. Interested parties can contact Mr. Anil Shah at 289-291-1101.

CANADA INDIA
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Democracies Working Together

6TH GOLF TOURNAMENT

We are counting on your support during these difficult times by joining us on the golf course to help raise funds for the

*Families of the Fallen Soldiers in
Canada & India*

FOURSOMES SOLD OUT

**Wednesday
August 25th,
2021**

Royal Ontario Golf Club

Hornby, Ontario +1 (877) 769-2518

LIMITED SPONSORSHIP OPPORTUNITIES STILL AVAILABLE
Please call Anil Shah 289-291-1101



On the occasion of the

75th Independence Day of India

Indian Nationals, Indo-Canadians and friends of
India are invited to join the

Live Virtual
Flag Hoisting Ceremony

on Sunday, 15th August 2021

8:00 am

on



CGIndiaToronto

AZADI **KA**
AMRIT MAHOTSAV
Celebrating 75 Years of Independence

75 Azadi Ka Amrit Mahotsav



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INDIA IN TORONTO

Newsletter of the Consulate General of India, Toronto

Launch of संस्कृतम् on wheels and Little Guru App

Consulate General of India, Toronto in association with Samskrita Bharati Canada, launched **संस्कृतम्** on wheels, a mobile Sanskrit Library and the Little Guru Sanskrit App, a gamified app for learning Sanskrit at the Vishnu Mandir. Dr. Vinay Sahasrabuddhe, President Indian Council of Cultural Relations and Ajay Bisaria, High Commissioner of India joined the event virtually.

Consul General Apoorva Srivastava, presented Samskrita Bharati with books for the library and felicitated the dignitaries. She also announced a Sanskrit competition for the Little Guru App. Watch the launch [here](#).



We sincerely appreciate any comments, feedback and suggestions from our readers and supporters. Please write to us at info@canadaindiafoundation.com

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