



CIF E-Newsletter



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Chair's Message



Ayurveda in the Time of COVID-19 Pandemic

Hello friends. We are into another month of Covid19 restrictions. Just when we thought we had it under control, things start to go wrong. The numbers have spiked sending our public health authorities to issue a tighter set of rules. Let us be good citizens and follow them.

Health and wellness have always been a key part of CIF priorities. We have held two successful healthcare forums in the past with the participation of leading experts from industry, government and the medical profession. The third one, to be held in May 2021, is expected to leverage R&D in Healthcare, Biotechnology & AI to create economic opportunities and ensure better universal healthcare. The deliberations at the Third CIF Health Forum will also help shape public policy in Canada and India to provide optimum healthcare to its residents and to explore areas of collaboration and engagement. The Forum is being organized in partnership with University Health Network (UHN), Federation of Indian Chambers of Commerce and Industry (FICCI) with the support of Consul General of India in Toronto. Dr. Lucky Lakshmanan, past Chair CIF, will be chairing the forum.

Ayurveda, as many of you know, is a holistic treatment system that goes back thousands of years in India. Of late, it has gained recognition outside India for its core idea of going beyond merely treating the disease to keeping individuals and whole communities well. The relevance of Ayurveda needs to be stressed in these days when the world is drowning under a mountain of debt arising out of the Covid19 crisis. [\(Read more\)](#)

India's Great Success in Reducing Covid19 Mortality Surprises the World

COVID-19 research: WHO, BRICS, Europe join India to conduct research on AYUSH modalities

The remarkable success of indigenous alternative medicine systems Ayush in India gets worldwide attention. The world's second-most populous nation has the lowest number of deaths per 100,000 people at 7.73, as compared to 64.74 in US.

Sanjeev K Ahuja — Last Updated Oct 12, 2020

BREAKING NEWS

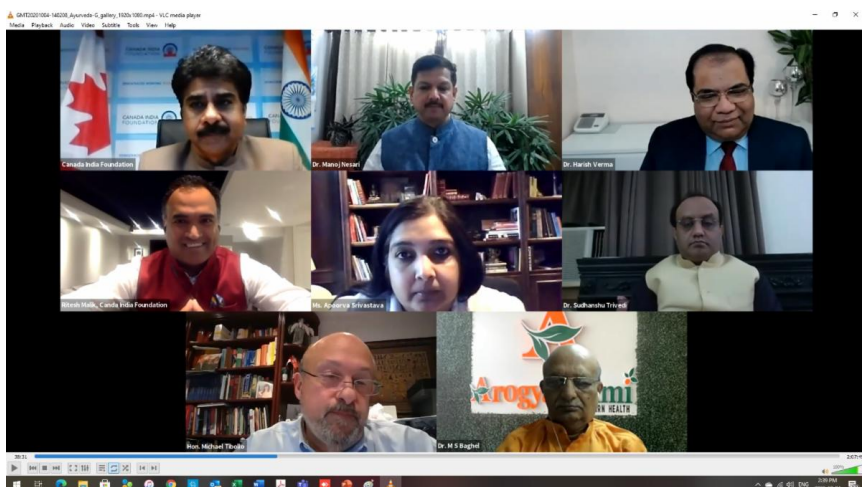


Vaidya Rajesh Kotecha, Secretary, AYUSH Ministry

There is very good news coming out of India that might have a calming influence on the entire world cowering under the Covid19 virus. Evidence has emerged after extensive studies and trials in India that intervention and prophylactic treatment using Ayush alternative medicines like Ayurveda, naturopathy, unani, siddha and homeopathy are directly contributing to India's low mortality rate. Actually, among the lowest in the world. The World Health Organization (WHO), encouraged by the surprising results, is sponsoring a deeper study in collaboration with the Public Health Foundation of India. [\(Read More\)](#)

CIF Speaker Series

CIF-Sponsored Ayurveda Web Series Takes Off with Session on Healthy Eating



The first in a series on Ayurveda, sponsored by Canada India Foundation, took off with an impressive panel of participants and an equally impressive number of viewers keen to learn more about Ayurveda in these trying times of Covid19. CIF Chair, while introducing the panels, gave a brief outline of the new initiative, and what it means for the future of Ayurveda in Canada. “We feel, a continuous effort to bring the best of Ayurveda to Canada is needed to reach both the members of the public as well as key decision makers. During this series, we will be presenting 24 very respected Ayurveda practitioners who will not only share the wisdom of this ancient system, but also dispel some of the misconceptions regarding Ayurveda.” ([Read more](#))

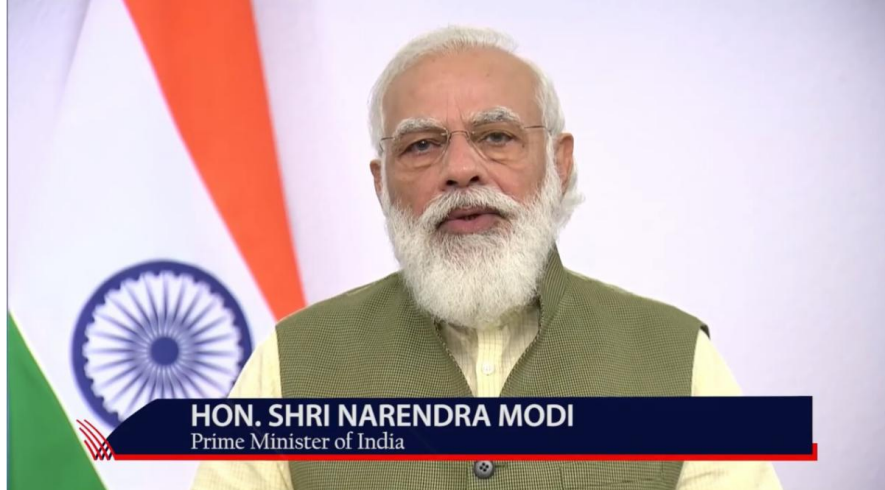
Mulroney on Ford Government’s Ambitious Plan to Transform Transportation in Ontario



Caroline Mulroney, Ontario’s Minister of Transportation, joined the CIF Speaker Series on September 10, 2020 to talk about the many issues Ontarians face over its transit and transportation. Opening her address, she thanked the CIF team for its work, referring to the Thank You Meals program. “I want to thank you for what you’ve been doing in the past few months. What you have been doing to help the most needy and vulnerable, during the Covid19 outbreak has been truly touching. Your compassion and generosity showed the Ontario spirit, and this spirit is what will help us through this difficult period.” ([Read more](#)).

Events

There will be No Barriers for You, PM Modi to Canadian Investors



India's Prime Minister, Narendra Modi, addressed a gathering of Canadian investors on October 08 in a virtual session. Modi spared no words in getting the message of the advantages of investing in India to the audience. He asked, "There is one thing common to most people in the audience. It has people who take investment decisions. Decisions which assess risk. Decisions which predict return while making investment. I want to ask you: What do you think about before investing in any country? Does the country have vibrant Democracy? Does the country have political stability? Does the country have investment and business friendly policies? Does the country have transparency in governance? Does the country have a skilled talent pool? Does the country have a large market?" [\(Read more.\)](#)

HEADLINES

Plant-based Covid19 Vaccine Phase 3 Trial Planned



Medicago, a biopharmaceutical company headquartered in Quebec City, began Phase I clinical trials for its plant-derived COVID-19 vaccine candidate middle of July, administering the first doses in healthy human volunteers. Medicago is also planning a Phase 2/3 trial to be initiated this October. [\(Read more.\)](#)

Indian Girl Takes Over Canadian HC Twitter



In a great gesture to girl power, especially on the International Girls Day falling on Oct.11, the Canadian High Commission, took the unusual step of letting an Indian girl take over the HC social media in New Delhi. Empowering young women thru social media, the Deputy Commissioner, tweeted: “Canada believes in the limitless potential of all girls! This Sunday, October 11 is International Day of the Girl, High Commissioner Nadir Patel will hand over his Twitter handle to Prajitha, a brilliant young change-maker from Andhra Pradesh who will take-over as Canada’s High Commissioner for a Day.

Canada Closed to Tourists till October 31



Canada’s Minister of Public Safety recently confirmed that Canada will not admit any international tourists, including India, coming into the country till Oct.31. He didn’t clarify if there would be relaxation after that or when exactly will the ban on tourists will end. In the meanwhile, citizens and Permanent Residents are allowed to return with the proviso they have to go through a 14-day self quarantine. ([Read more.](#))

Further Bad News for Indian Tech Workers in the US



H1B visa

Just days away from election day, the US authorities under President Donald Trump announced a series of new rules that make the regime even tighter than it already is. The move has filled hundreds of thousands of aspirants, most of them tech workers, with anxiety over their continued stay in the US. ([Read more](#)).

India, Japan Sign Pact on 5G Tech and AI



India and Japan have finalised an ambitious agreement that provides for cooperation in 5G technology, artificial intelligence and an array of other critical areas as the two strategic partners vowed to further broad-base their ties including in the Indo-Pacific region. Following bilateral discussions recently, Japan agreed to be the lead partner in the connectivity pillar of the Indo-Pacific Oceans' Initiative (IPOI). ([Read more](#)).

Upcoming Events

CANADA INDIA
FOUNDATION



In Association with



Canadian Ayurvedic
Practitioners Association



Virtual Ayurveda Speaker Series

Session - 2

Ayurvedic Management of Various Types of Arthritis

Expert Speaker



[Vaidya Harish Verma](#)

Guest of Honor



[MPP Nina Tangri,](#)
Parliamentary Assistant

Webinar Details

Sunday 18 October 2020

Time: 10:00 am EST

07:30 pm IST

[REGISTER HERE](#)

Community Spotlight



ehcW
Elspeth Heyworth
Centre for Women

Q no show|

GALA

OCTOBER 22, 2020 @ 7:00PM

WELCOME REMARKS BY SUNDER SINGH

GREETINGS BY
VAUGHAN MAYOR MAURIZIO BEVILACQUA

CLIENT SUCCESS STORY

DESSERT DEMO WITH CHEF HARMINDER S

INTERACTIVE DANCE LESSONS



Keynote Address
HON. SMT.
APOORVA SRIVASTAVA
Consul General of India



Hosted By
ELVIRA CARIA
Award Winning Broadcaster

Join us LIVE on  YouTube

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A COVID Screening and Record Keeping Solution

This is a community service initiative of IIT Alumni Canada, a non-profit organization to be made available **free of cost** to public and any organization, including educational institutions, and businesses of all types and sizes.

Beneficiaries: People and Businesses of all types and sizes – Stores, gyms, restaurants, theaters, offices, factories, warehouses, **Organizations** of all types including schools, Public Health agencies and the Government.

Problem: Governments have issued guidelines to all organizations that are re-opening to perform COVID symptom screening and record keeping, essentially to help with contact tracing. But many businesses are not following these guidelines as they do not want line-ups, or do not have staff or resources to perform these functions, and cannot afford to invest in additional staff as they are already hurting. Screening and record keeping becomes more critical as schools re-open.

Solution: This solution is not a replacement for COVID Alert contact tracing App from the federal government, but complementary to it. This solution automates the COVID symptom screening and record keeping processes to relieve the guidelines compliance burden on businesses and other organizations using a QR code based anonymized system. All employees, customers and visitors to any organization can use this solution. The data created by the system facilitates quick and automated contact tracing. This does **not require any investment or effort** on the part of the business to utilize the core features. Some of the advanced features like unregistered guest registration require minimal investment of around \$100 in the form of an inexpensive Android tablet.

Solution Features:

- Helps with compliance to Government guidelines for re-opening
- Provides positive guidelines compliance, resulting in improved contact tracing
- Affordable, inclusive and accessible
- Smartphones are not mandatory
- Both registered users and unregistered guests can use the system
- Designed with privacy in mind (already reviewed by Privacy Commissioner of Ontario)
- Provides data for analytics – Health Intelligence
- Provides quick supplementary data for contact tracing, as complement to existing contact tracing App
- Can be used in cases where smartphone-based contact tracing is not practical, or helps those who do not want to use a smartphone App for any reason

It is a very simple solution that is easy to use on web, smart phones, or through non-smart phones and landline (in future). Saves time for people, and avoids un-necessary exposure.

Contact: Damodar Arapakota Cell: 416 992 5453 arapakotad@gmail.com



We sincerely appreciate any comments, feedback and suggestions from our readers and supporters. Please write to us at info@canadaindiafoundation.com

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