



CIF E-Newsletter



Volume 17

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June 2020

Chair's Message



Pandemic 2020 is adversely impacting the world in all aspects. The current situation has not only put a break to the economic engine of major economies instead put them in reverse gear. World leaders are now brainstorming to overcome this COVID induced crisis and get the economy back on track.

Most nations have taken this tough call to open up their economies on a regional and incremental basis, depending on their situation. It will gradually lead the nations to rebuild, recover & reinstate the economic growth and confidence of its people. We know that normalization of the situation will happen in its due course of time, but unlocking the business operations with a planned strategy will help in effective re-start.

[**Click here for full message**](#)

The wonderful world of Yoga

Ajay Bisaria*



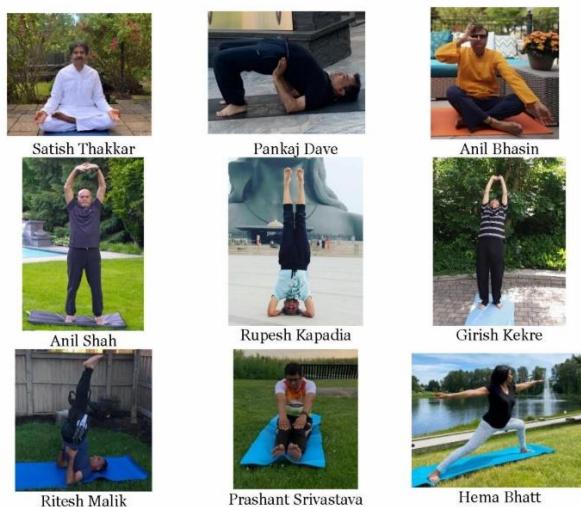
On 21 June, the world will once again take a deep breath and stretch to celebrate the International Day of Yoga. This year's celebration holds greater meaning; an inward journey may be the best antidote to the external checks placed on us by a confounding virus. A planetary lockdown with social distancing norms means that we wouldn't experience the collective energy of a yoga congregation. But this year's defining theme of *Yoga at Home and Yoga with Family*, will ensure respect for public health measures, while encouraging yoga with family bonding, in the security of our homes.

[Click here for full article](#)

Boost Immunity Through Yoga

By Satish Thakkar*

CIF members celebrating International Yoga Day



The sixth international day of Yoga on 21 June is celebrated in a unique and unprecedented manner – by holding a virtual session with participation from yoga masters Swami Ramdev and Sister Shivani. Both will impart yoga lessons to thousands of enthusiastic participants in Canada and globally, thanks to the program being telecast live on Astha, Sanskar, Facebook, YouTube, and other mediums.

The presence of Swami Ramdev Ji, the global icon of Yoga, and the guru who made Yoga-a mass movement, and Sister Shivani of the Brahma Kumaris; world-renowned Raj Yogini will make our first virtual mass yoga session a spectacular success.

[**Click here for full article**](#)

'Thank You' meals to Front line workers

*(We are still seeking donations to continue doing good work
please donate through e-transfer:
CIFCHARITY@CIFCHARITABLEFOUNDATION.COM*

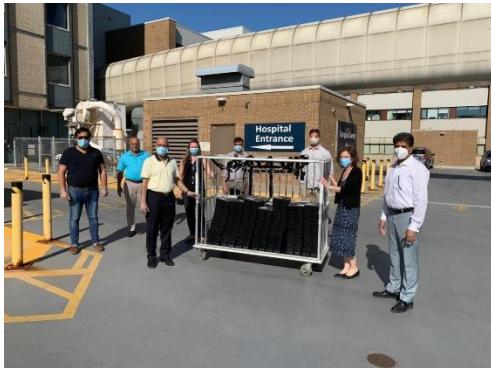
Donations \$100 and over will receive a tax receipt, please provide your full address for tax receipt)

CIF continues its efforts to deliver 'Thank You' meals to Senior Homes, Long Term Care and Front-Line Workers.

North York General Hospital



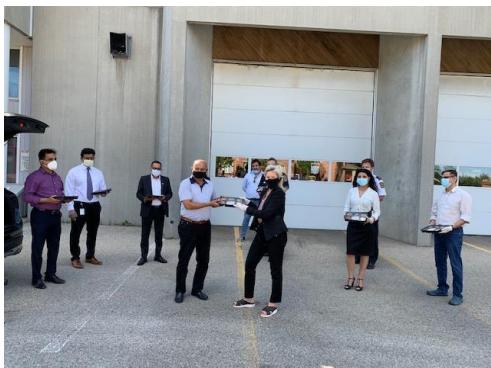
St Joseph Hospital, Hamilton



Camilla Care Community



Mississauga Fire Service



William Osler Hospital, Etobicoke



Lakeridge Hospital, Bowmanville



Lakeridge Hospital, Oshawa



William Osler Brampton Civic Hospital



Streetsville & Tullamore Long Term Care



Father Ermanno Bulfon Community Centre



Toronto Rehab Lakeside



Sunny brook Hospital



Toronto Rehab University Centre (UHN)



Markham Stouffville Hospital



Upcoming Webinar

Blakely Wellness Webinar: Navigating Our New Reality

Canada India Foundation is delighted to announce its partnership with Toronto Rehab Institute to provide a series of educational webinars focused on health & wellness. Our everyday lives have drastically changed as a result of the COVID-19 pandemic. As restrictions are gradually being lifted, we are cautiously returning to the community and our workplaces while faced with many questions and unknowns.

Join us for a special free Wellness **Webinar on Wednesday, June 24th: Navigating Our New Reality.** Top health experts from Toronto Rehab and University Health Network (UHN):

Our Experts:

Dr. Susy Hota, UHN's Medical Director, Infection Prevention and Control, will discuss how to maintain good health and ensure your safety when returning to work and the community.

Dr. Susan Abbey, UHN's Psychiatrist-in-Chief will talk about overcoming COVID-19, grief support, and how you and your family can build resiliency.

Dr. Mark Bayley, UHN's Physiatrist-in-Chief and Toronto Rehab's Chief Medical Director will explain the evolving Healthcare Paradigm and emerging virtual healthcare opportunities.

Register here to receive a YouTube LIVE link to view this important, free webinar. For more information, please contact Dianna Dobbin at dianna.dobbin@uhn.ca.



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CIF Webinar Speaker Series
What Makes Canada Great?

Dr. Brian Lee Crowley
Managing Director, Macdonald Laurier Institute



Time: 3:00 pm onward
Date: Saturday 27 June 2020
[**Click here to register CIF Webinar Speaker Series**](#)

Canada India Foundation (CIF) invites you to register for its upcoming event as a part of webinar speaker series. On 27 June 2020 Dr. Brian Lee Crowley will give a talk that is bound to be well-received by new Canadians as well as people who have been here for generations. It is often the case that the people who have chosen to make Canada their home, are far more aware of what makes Canada great than those who take it for granted because they've always been here!

Dr. Crowley is the founder of the Macdonald-Laurier Institute, one of Canada's leading public policy think tank, and has frequently been ranked one of the 100 most influential people in Ottawa. He also founded the Atlantic Institute for Market Studies (AIMS) in Halifax, a regional think tank. He has written five books, two of them national bestsellers. He is a former member of the Editorial Board of *The Globe and Mail*. His articles appear in *The Globe and Mail*, *The National Post*, the *Ottawa Citizen*, *The Hill Times*, *La Presse* and numerous regional and local newspapers.

He holds degrees from McGill and the London School of Economics, including a doctorate in political economy from the latter.

[Click the link to register CIF Webinar Speaker Series **Dr. Brian Lee Crowley**](#)

Canada India Foundation
289-291-0277
info@canadaindianfoundation.com

Register here for webinar

In News

hank-you-meal-to-frontline-workers/2906/

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दोस्त बैंकरी अपरिवर्तनीय नेचुलर लेन्डिंग एस्टेट्स एवं रियल एस्टेट्स

Canada India Foundation फ्रंटलाइन वर्कर्स को खिला रहा 'थैंक्यू मील'

By Jayendra B June 8, 2020

Canada India Foundation के "Thank you Meals" के द्वारा Lakewood Hospital Oakville और Bowmanville Hospital & Peterborough सेवा के लिए भवानी अपरिवर्तनीय नेचुलर लेन्डिंग एस्टेट्स, एस्टेट्स एवं रियल एस्टेट्स के द्वारा दुखी स्वास्थ्य कार्यकर्ता और सुरक्षा का एक समाज है। इस सुरक्षा का एक नई सुरक्षा पत्र जैसा संकेत है।

एक दो वर्ष के लिए कैंडेना ग्रॉवर्स ऑफ़ देस्ट्रेलन ने यह लिया जो शोध कर रहे हैं। इसके अन्तर्गत लोगों को जो विभिन्न व्यवसाय, घरेलू और विदेशी व्यवसायों में व्यवसाय करना पड़ता है उन्हें धूम-धूम सिर्फ़ जीवन का रहा। उन्हें यह लिया जाता है कि वे 12,000 लोगों को Thank You Meals की उपलब्धता का लाभ ले सकते हैं और इसे इनके लिए एक दूसरा दूसरा लाभ भी है। एक लाख 10000 का लाभ ले सकते हैं।

May 29th Edition, PM attends CIF's 1
iy-29-2020/page/8

Personal Banking, S... TD Canada Trust - P... SchoolCashOnline.c... https://www.linkedin...

CIF Reaches Out With 'Thank You Meals' Drive

TORONTO: The Canada India Foundation (CIF) has reached out to the community with its 'Thank You Meals' drive, providing meals to the front-line healthcare workers who have been working tirelessly to combat the spread of the COVID-19 pandemic. As part of the foundation's broader think tank, CIF has focused on

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SUCCESSFUL BUSINESSPERSON AND PHILANTHROPIST Hema Bhatt, Named Executive Producer For "In Case You Didn't Know" with Nick Nanton Featuring Robert Kiyosaki

Port Coquitlam, BC – May 15, 2020 – Hema Bhatt signed on as Executive Producer in the newest episode of the TV Special "In Case You Didn't Know" featuring Robert Kiyosaki and Nick Nanton from DNA Films. In Case You Didn't Know...With Nick Nanton is an American-made television series where one Emmy® Award Winning Director, Nick Nanton, meets the steeps of success.

Guests of the show have included famous Radio and TV personalities, thought leaders, business leaders, award-winning Director and Cinematographer, Ramy Romany, and keynote speaker, seminar leader, corporate consultant, and current President of High Point University, Dr. Dinesh Guha. The next episode will feature Robert Kiyosaki next. Robert is an American businessman, entrepreneur, investor and notable author known most for his book, Rich Dad, Poor Dad.

An Executive Producer, Bhatt lent support to the principal filming of the TV Special in late September 2019. She was involved in all aspects of the production including the shoot in Hollywood, CA, where he examined the path he took to become the business icon he is today.

In Case You Didn't Know...With Nick Nanton featuring Robert Kiyosaki is currently in post-production and is scheduled for tentative release in the late fall of 2020.

About Hema Bhatt:

Hema Bhatt is currently the Vice President of Natural Services. Hema is a successful entrepreneur and has helped establish energy supplements, one of the largest importers of packaged palm oil and energy supplements, and a leader in introducing sustainable refined palm oil to the market. She is a woman of many talents who continuously strives for excellence and has inspired many through her relentless strength, courage and compassion for others. The headquarters is located in Port Coquitlam, while the other offices are located in Mississauga, Ontario, Canada.

Natural Services Inc. was awarded the Business of the year 11-20 employees in 2016 by the Tri-Cities Chamber of Commerce. Hema is an Award recipient of many Accolades and Business Excellence Awards in Vancouver BC.

About DNA Films:

DNA Films® is led by fifteen-time Emmy® Award Winning Director and Producer, Nick Nanton and Emmy® Award Winning Producer, JW Dicks. Dicks and Nanton have produced multiple award-winning films including Visitation: The Peter Diamandis Story, Esperanza, Afri-Can: Magic of the Roots, and Run. Their productions have won multiple Emmy® and together they have received awards for their dozen Emmy® awards for excellence in television and film production. Combined, they have produced and directed more than 500 television episodes and dozens of films.

Dicks and Nanton's goal is to bring amazing stories to the big screen as a means of encouraging and inspiring a new generation.

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DNA-Nanton Celebrity Branding Agency
ryan@dnananton.com
800-980-1626

| DNA

Successfu... DNA

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We sincerely appreciate any comments, feedback and suggestions from our readers and supporters. Please write to us at
info@canadaindiafoundation.com

Let's get social!



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- Convener, **Satish Thakkar** (satish@efgcanada.ca)
- Co-Convener, **Pankaj Dave** (pankaj@manasintl.com)



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