



CIF E-Newsletter



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Chair's Message



The COVID-19 cases in Canada crossed 73,000 marks, while the death toll is more than 5,400. Globally. CORONA-VIRUS has infected over 4.9 million people, and took away nearly 320,000 lives to date, though 1,928,297 patients have recovered. The world is going through a very challenging phase. No section of society has been left untouched by this pandemic, impacting social fabric at the micro-level. It has commenced evolving the outlook towards business, politics, and lifestyle.

[Click here for full message](#)

CIF's historic 'Thank you meals' initiative



As the deadly Covid-19 virus spread globally and turned into a pandemic, forcing civilization to come to a standstill, a process of transformation began in Canada India Foundation.

The public policy think tank, which comprises some of the most influential Indo-Canadians, turned into an activist organisation. In a concerted manner, and yet quietly, imperceptibly, the CIF transformed itself into efficient operational unit that could easily belong to the Canadian Armed Forces.

[Click here for full article](#)

Stranded and then rescued – The special guests at Brampton's Courtyard by Marriott



With the number of people infected by the virus about to cross 5 million, the scourge of Covid-19 is a phenomenon humanity hasn't faced in recent history. The global lockdown imposed by governments to prevent its spread has brought unimaginable misery to the lives of millions across the world.

Away from home, and unable to return, the plight of those who are stranded is worse. Despondent during the day, and sleepless at night, their patience is wearing thin, as days have turned into weeks and weeks into months. They stay stranded; not knowing what to do to survive, not knowing when their circumstances would change.

[Click here for full story](#)

'Thank You' meals to Front line workers

(We are still seeking donations to continue doing good work please donate through e-transfer:

CIFCHARITY@CIFCHARITABLEFOUNDATION.COM

(Donations \$100 and over will receive a tax receipt, please provide your full address for tax receipt)

CIF continues its efforts to deliver 'Thank You' meals in partnership with Hindu Federation, Ekal Vidyalaya and Tamarind Bistro to front line workers.

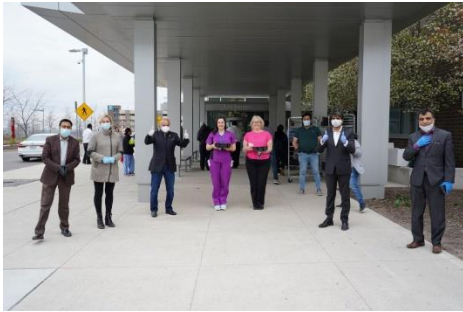
Peel Regional Police



Toronto Police



Humber River Hospital



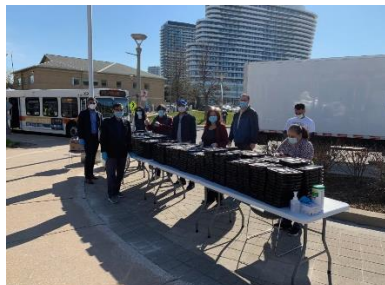
Queensway Health Centre, Etobicoke



Trillium Health Partners, Mississauga



Credit Valley Hospital, Mississauga



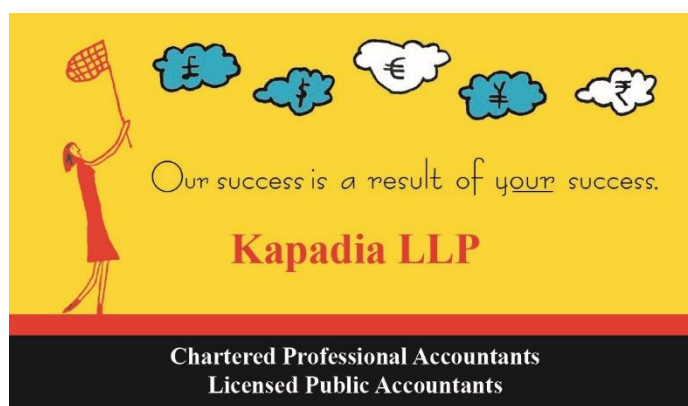
Royal Columbian Hospital, Vancouver



City Reach Care Society, Vancouver



Claiming Medical Expenses for 2019



The Canadian tax system provides individual taxpayers with a tax credit for out-of-pocket medical and para-medical expenses incurred during the year. Given that such expenses must be incurred at some time by virtually every Canadian,

that credit is among the most frequently claimed on the annual return. Unfortunately, however, the rules governing such claims are detailed, somewhat complex and frequently confusing.

[Click here for details](#)

COVID-19 Reports

Epidemiologic Summary

COVID-19 in Ontario: January 15, 2020 to May 1, 2020

This report includes the most current information available from the integrated Public Health Information System (iPHIS) as of 4 p.m. May 1, 2020, from the Toronto Public Health Coronavirus Rapid Entry System (CORES) and Ottawa Public Health COVID-19 Ottawa Database (COD) as of 2 p.m. May 1, 2020.

[click here for full report](#)

How Ontario is responding to COVID-19

Learn about coronavirus (COVID-19) cases in Ontario and how the province is keeping people safe. [Click here for full report](#)

In News

Times of India

Union Health Minister Harsh Vardhan to head WHO executive Board.



[Click here for details](#)

Canada's COVID-19 Economic Response Plan

[Click here for details](#)

Reopening Ontario after COVID 19

[Click here for details](#)

Toronto Sun

SAPPANI: It's time for a closer look at the Canada-India supply chain

[Click here for full story](#)

Hindustan Times

'Extend Covid-19 emergency benefits to international students': An appeal to Canadian PM

[Click here for full story](#)

Lockdown: Air India to operate 5 flights from Canada to fly back stranded Indians

[Click here for full story](#)

The Tribune

India's pharma capabilities will remain available to world to fight COVID-19: PM Modi

[Click here for full story](#)

The Blakely Wellness Webinar: It's Your Move

Canada India Foundation is delighted to announce its partnership with Toronto Rehab Institute to provide a series of educational webinars focused on health & wellness. Toronto Rehab Institute is Canada's largest rehabilitation hospital and home to the top rehabilitation research science center in the world.

Dr. Paul Oh, Medical Director & Goodlife Fitness Chair, said that *"The Blakely Health Innovation series is a way for health care experts at Toronto Rehab connect with people working in corporate Canada who are passionate about health for themselves and their teams. Over the past year, we have provided a*

series of compelling & highly informative sessions to help people take charge of their own health through practical steps around physical activity, mindful eating, mental health, and realization of strong self management skills. Incorporation of these health behaviors into our daily routines translates to reduction in the development of chronic illnesses. We are truly grateful for CIF's partnership which is enabling us to engage with more Canadians and help them meaningfully on their journeys to better health every day".

See the below flyer for additional information and registration details:



WELLNESS WEBINAR

IT'S YOUR MOVE

THE BLAKELY HEALTH INNOVATION SERIES

Dr. Paul Oh

Dr. David Langelier

Robert Bertelink

DATE: Wednesday, May 27, 2020 | **TIME:** 12:00 to 1:00 pm

RSVP BY: Monday, May 25th to Dianna Dobbin at dianna.dobbin@uhn.ca to receive a webinar link.

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Upcoming Events

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PANEL DISCUSSION: Saturday May 23, 2020 @4:00 pm

After COVID-19: Back to “Good Old Days” or to a “New Normal”

Join us in this Panel discussion with two of our expert panelists



Dr. Om Malik

Principal & CEO
ECOH Management Inc.



Dr. Samir Patel

Deputy Chief of Microbiology
Public Health Ontario



Mr. Anil Shah
Moderator

Chair
Canada India Foundation

Register here



PLEASE EMAIL YOUR QUESTIONS TO: INFO@CANADAINDIAFOUNDATION.COM

We sincerely appreciate any comments, feedback and suggestions from our readers and supporters. Please write to us at info@canadaindiafoundation.com

Let's get social!



Contact Us

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